

**Additional Table 1 PRISMA checklist**

#	Section/topic	Checklist item	Page
<b>Title</b>			
1	Title	Identify the report as a literature review	01
<b>Abstract</b>			
2	Structured summary	Provide a structured summary including, as applicable: background; objectives; data sources; study eligibility criteria, participants, and interventions; study appraisal and synthesis methods; results; limitations; conclusions and implications of key findings.	01 – 02
<b>Introduction</b>			
3	Rationale	Describe the rationale for the review in the context of what is already known about your topic.	02-03
4	Objectives	Provide an explicit statement of questions being addressed with reference to participants, interventions, comparisons, outcomes, and study design (PICOS).	04
<b>Methods</b>			
5	Eligibility criteria	Specify study characteristics (e.g., PICOS, length of follow-up) and report characteristics (e.g., years considered, language, publication status) used as criteria for eligibility, giving rationale.	05
6	Information sources	Describe all information sources (e.g., databases with dates of coverage) in the search and date last searched.	04
7	Search	Present full electronic search strategy for at least one database, including any limits used, such that it could be repeated.	Supp
8	Study selection	State the process for selecting studies (i.e., screening, eligibility).	05
9	Risk of bias in individual studies	Describe methods used for assessing risk of bias of individual studies (including specification of whether this was done at the study or outcome level).	05
10	Risk of bias across studies	Specify any assessment of risk of bias that may affect the cumulative evidence (e.g., publication bias, selective reporting within studies).	06
<b>Results</b>			
11	Study selection	Give numbers of studies screened, assessed for eligibility, and included in the review, with reasons for exclusions at each stage, ideally with a flow diagram.	06-07
12	Study characteristics	For each study, present characteristics for which data were extracted (e.g., study size, PICOS, follow-up period) and provide the citations.	06-07
13	Synthesis of results of individual studies	Additional Table 1 For all outcomes considered (benefits or harms), present, for each study: (a) summary of results and (b) relationship to other studies under review (e.g. agreements or disagreements in methods, sampling, data collection or findings).	06-08
<b>Discussion</b>			
14	Summary of evidence	Summarize the main findings including the strength of evidence for each main outcome; consider their relevance to key groups (e.g., healthcare providers, users, and policy makers).	09
15	Limitations	Discuss limitations at study and outcome level (e.g., risk of bias), and at review-level (e.g., incomplete retrieval of identified research, reporting bias).	12
<b>Conclusions</b>			
16	Conclusions	Provide a general interpretation of the results in the context of other evidence, and implications for future research.	12

**Reference**

Moher D, Liberati A, Tetzlaff J, Altman DG, The PRISMA Group (2009). Preferred Reporting Items for Systematic Reviews and Meta-Analyses: The PRISMA Statement. PLoS Med 6(7): e1000097. doi:10.1371/journal.pmed1000097.